



# Nina ILIČ

## APIPEDAGOGY AND APITHERAPY

### WORK EXPERIENCE

#### AUTHOR AND FOUNDER OF APIPEDAGOGY

##### Apipedagogika®

The essential feature is the protected pedagogical-apitherapeutic approach, i.e. the implementation of apitherapy as part of pedagogical work at any location (apitherapeutic apiary, institute, association, etc.). It is a comprehensive sustainable program to support children in all areas of development.

#### APITHERAPIST FOR CHILDREN (EXTERNAL EXPERT) IN KINDERGARTENS AND SCHOOLS

Apitherapist working with children in educational settings, delivering age-appropriate apitherapy focused on development, prevention, and well-being. Provides interactive programs introducing bee products, their benefits, and the importance of bees, in collaboration with educators and institutions while ensuring safety and ethical standards.

#### INTERNATIONAL LECTURER

##### and chair of numerous professional and scientific educational events

including Mentoring and Expert Consulting and Evidence-Based Apitherapy

### EDUCATION

#### BACHELOR OF PUBLIC ADMINISTRATION

#### PRESCHOOL TEACHER

#### FOOD TECHNIAN

#### CERTIFIED APITHERAPIST

#### BEEKEEPER



### GUIDING PRINCIPLE

Education is alive like language, like a honey bee colony - it has roots in the past, builds for the future, while responding to the social changes of the present.

### CONTACT



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<https://apisretis.wixsite.com/apis-retis>



**Institute** for the Development of Empathy and Creativity **Eneja**, Slovenia

### SKILLS

- Intercultural Communication
- Public Presentation and Speaking
- Development of apitherapy standards
- Safety and ethics in apitherapy
- Interdisciplinary collaboration

### LANGUAGES

- Slovenian (mother language)
- English
- Croatian, Serbian
- Italian



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## EXTENSIVE EXPERIENCE

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- Organization of international professional and scientific conferences and seminars in collaboration with academic and professional institutions (*Ministry of Education; Medical Chamber of Slovenia; Pedagogical Institute; Ministry of Agriculture, Forestry and Food; Beekeepers' Association of Slovenia, etc.*)
- Organization of professional and scientific conferences, seminars, and continuing education events in the field of apitherapy and Apipedagogy (*national and international*)
- Coordination of the APIS RETIS networks of API kindergartens and schools
- Coordination of the Apitherapy for Children's Education Commission - IFA
- Co-coordination of the Apitherapy Education and Professional Training Commission - IFA
- Coordination of the Youth Commission - *Beekeepers' Association of Slovenia*

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## KEY PROJECTS

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- Urbact - Bee Path Net (*transfer of good practice of Apipedagogy to 5 EU cities*)
- Urbact - Bee Path Net - reloaded (*transfer of good practice of Apipedagogy to 4 EU cities*)
- International Conference "Apitherapy for Children 2024" ([\*conference website\*](#))
- Erasmus+ EduHive: Developing Civic Awareness and Values through Apipedagogy
- Leader - Beeyond Mushroom (*creation of new apitherapeutic products based on honey bee products and medicinal mushrooms*)
- Katis - International Conferences "Apipedagogy 2022" & "Apipedagogy 2025"
- Bee Path Ljubljana (*preparation of a strategic document*)

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## IMPACT, INNOVATION AND ACHIEVEMENTS

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- Establishment of Apipedagogy (*Apipedagogika*<sup>®</sup>) as a recognized educational practice within formal educational settings - an innovative pedagogical program and protected trademark with pedagogical-apitherapeutic approach that implements apitherapy into pedagogical processes
- Implementation of apipedagogical programs into the regular educational process in public and private kindergartens and schools
- Establishment of a *Children-Friendly Apiary Network* promoting safe and educational engagement with beekeeping
- Training for beekeepers and tourist guides through the apipedagogical *Safety and Responsibility at the Apiary* program, officially integrated into the measures of the Responsible Beekeeping Standards of the City (Ljubljana)
- Implementation of the "Educational Honey Garden" in the city's urban gardening areas – an apipedagogical program for residents, integrating Carniolan bees, other pollinators, self-sufficiency, and apitherapy
- Development and implementation of the *Code and Protocol for the apipedagogical API Kindergarten program*, officially adopted by the City of Ljubljana
- Establishment and leadership of the Apipedagogy Development Group, engaging selected kindergarten and school educators in program development



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## PERSONAL BIBLIOGRAPHY

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[https://bib.cobiss.net/bibliographies/si/webBiblio/bib201\\_20260214\\_163006\\_a220377699.html](https://bib.cobiss.net/bibliographies/si/webBiblio/bib201_20260214_163006_a220377699.html)

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### WRITER SKILLS

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- Professional and popular written expression
- Writing professional articles, essays and texts
- Preparing teaching materials, strategies and scripts
- Adapting style to different target audiences (professionals, general public)
- Using scientific sources and citing correctly
- Editorial skills (proofreading, editing, content coherence)

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### MANAGEMENT SKILLS

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- Strategic planning and project organization
- Management of educational and professional programs
- Coordination of teams and external collaborators
- Time and priority management
- Organization of events (conferences, seminars, workshops)
- Communication with international organizations and partners
- Decision-making and problem-solving
- Administrative and operational project management
- Responsibility for quality, deadlines and goals

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### SPEAKER SKILLS

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- Public speaking and confident presentation
- Lecturing at national and international levels
- Explaining complex topics in a clear and understandable way
- Adapting lectures to different knowledge and cultures of listeners
- Interactive teaching (discussions, workshops, Q&A)
- Development and implementation of educational programs
- Mentoring and professional guidance
- Use of didactic methods and visual aids
- Online lectures and webinars

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### AWARDS

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- Recognition of the State Commission for the prevention of corruption
- Special recognition from the Municipality of Ljubljana
- Assessment of excellent work performance (Osnovna šola Jurija Vege Moravče)
- Commemorative medal of the Government of the Republic of Slovenia for contribution
- Recognition of the Beekeeping Association of Slovenia - Medal of Anton Janša III. degree
- Certificate of registration into the Register of protected works: Apipedagogy (program & manual)



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## KEY COMPETENCIES FOR IFA EDUCATIONAL PROGRAM

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- Expert knowledge of the nutritional and bioactive properties of bee products, including honey, propolis, royal jelly, pollen, bee bread (perga), and apilarnil
- Understanding of floral, geographical, and ecological factors influencing chemical composition and pharmacological effects and therapeutic potential of bee products
- Competence in quality control, safety assessment, and standardization of food-grade and medicinal honey bee products
- Knowledge of dietary considerations, patient preparation, and safe integration of bee products with medications and clinical treatments
- Public administration and regulatory compliance, including traceability, certification, ISO Standards, ethical protocols, and sustainable apiary management
- Ability to develop and implement educational programs for healthcare and integrative medicine professionals, covering apitherapeutic use of honey bee products and clinical nutrition
- Interdisciplinary approach integrating nutrition, "soft apitherapy" (honey massage, beehive air therapy), and environmental sustainability
- Historical, cultural, and ethical contexts of bee products in traditional and modern medical systems.
- General Safety, Risk Management and Contraindications
- Prior to any therapeutic use or exposure, conduct a structured allergy risk evaluation for all bee-derived products, including honey bee venom, bee pollen, bee bread, royal jelly, Apilarnil, propolis, beeswax, honey (including honeydew honey), and beehive air
- Anaphylaxis: recognition, emergency management, mandatory precautions
- Safe practice protocols, monitoring and follow-up
- Informed consent, Ethical and legal aspects of apitherapy practice
- Hygiene and contamination prevention
- Spiritual and religious dimensions of bee products
- Classification of Honey Bee Products and apitherapeutic products and Contra-Indications
- Apitherapy for children's development